

LET 2 Curriculum

Table A: LET 2 Core Curriculum Hours

Lesson Number	Lesson Title	Hours
Unit 4: Chapter 1: Achieving a Healthy Lifestyle		
U4-C1-L3	Components of Whole Health	2
U4-C1-L4	Nutrition – You Are What You Eat	2
Unit 4: Chapter 2: First Aid for Emergency and Non-Emergency Situations		
U4-C2-L1	The Need for First Aid/Your Response	2
U4-C2-L2	The First Life-Saving Steps	2
U4-C2-L3	Controlling Bleeding	2
U4-C2-L4	Treating for Shock and Immobilizing Fractures	2
U4-C2-L5	First Aid for Burns	2
U4-C2-L6	First Aid for Poisons, Wounds, and Bruises	2
U4-C2-L7	Heat Injuries	2
U4-C2-L8	Cold Weather Injuries	2
U4-C2-L9	Bites, Stings, and Poisonous Hazards	2
Unit 4: Chapter 3: Drug Awareness		
U4-C3-L1	Use & Effect of Drugs, Alcohol, and Substances	4
U4-C3-L2	Critical Decisions about Substances [Interactive Nights Out]	2
Unit 5: Chapter 1: Map Skills		
U5-C1-L2	Introduction to Maps	2
Unit 6: Chapter 1: You the People - Citizenship Skills		
U6-C1-L1	The Preamble*	2
U6-C1-L2	Citizenship Skills*	2
U6-C1-L3	Small Group Meetings*	2
U6-C1-L4	Representative Group Session*	2
U6-C1-L5	Introduction to Chief Justice*	2
Unit 6: Chapter 2: Foundations of the American Political System		
U6-C2-L1	Our Natural Rights*	2
U6-C2-L2	Developing Republican Government*	2
U6-C2-L3	British Origins of American Constitutionalism*	2
U6-C2-L4	Colonial Government-Basic Rights & Constitutional Government*	2
U6-C2-L5	State Constitutions*	2
Unit 6: Chapter 3: Creating the Constitution		
U6-C3-L1	Articles of confederation 1781*	2
U6-C3-L2	Creating Our Constitution*	2
U6-C3-L3	Balancing Power*	2
Unit 6: Chapter 6: The Bill of Rights		
U6-C6-L6	Protection of Rights Within the Judicial System*	2
U6-C6-L7	Military Justice System*	2
Unit 6: Chapter 7: Citizen Roles in American Democracy		
U6-C7-L1	Roles of Citizens	2
U6-C7-L2	New Citizenship and Constitutional Issues	2
U6-C7-L3	Constitutionalism and other Countries	2
Total LET 2 Hours		66

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Table B-Additional JROTC Required Activities

Physical Activity/Leader Assessment		Hours
You are required to perform at a minimum 20 hours of Leadership Application and Assessment. Select the activity and the number of hours from the list below.		20
LA_1 Stationary Movement LA_2 Steps in Marching LA_3 Squad Drill LA_4 Platoon Drill LA_5 Company Formations and Movements LA_6 Forming, Inspecting, and Dismissing the Battalion		
CC_1 Cadet Challenge		10
Activities-Service Learning/Community Service		
Service Learning/Community Service-You are required to teach a minimum 10 hours of Service Learning/Community Service. This table shows the required lessons that must be included in your schedule.		10
SLCS_1 Service Learning/Community Service Preparation 4 hours U3-C8-L1 Orientation to Service Learning 2 hours* U3-C8-L2 Plan and Train For Your Exploratory Project 2 hours* U3-C8-L3 Project Reflection and Integration 2 hours*		
*Courses can be used for PE and Wellness credit		
Activities-Administration/Testing/Inspections		
Administration/Testing/Inspections-You are allocated 24 hours for Administration/Testing/Inspections activities. Select from the list below or you may add additional activities that are required by your school.		24
ATI_1 Admin ATI_2 Testing ATI_3 Preparation for Inspection ATI_4 Inspections		
Total Additional JROTC Required Activities		64

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Table C- Approved Electives

JROTC LET 2- Approved Electives		
<p>Category 1 Curriculum materials provided by JROTC:</p> <ul style="list-style-type: none"> • Extension of Mandatory Subjects • JROTC Curriculum • Quarterbacks of Life Curriculum focused service learning and continuous improvement activities • Teen CERT • Cadet DL • Safety and Marksmanship • Success Profiler • ACT/SAT • Interactive History Timeline • Pennsylvania Veterans Museum Videos • Health & PE • *Sexual Harassment / Assault 	<p>Category 2 Instructors develop/provide their own curriculum materials:</p> <ul style="list-style-type: none"> • Extension of Mandatory Subjects • Computer Training • Media Communications • Physical Training • Exhibition Drill • Water Safety • Hunter Safety • Wilderness Survival Safety • **School Required 	<p>Category 3 Materials can be ordered and their use is highly recommended :</p> <ul style="list-style-type: none"> • JROTC Leadership and Academic Bowl (JLAB) Prep • NEFE High School Financial Planning Program • Adopt a School • Teaching Presentation Skills • We the People • Junior Achievement High School Programs (Job Shadow Day, Personal Finance, Careers, etc.)
<p>*Must receive prior approval from your school administration before teaching Sexual harassment (U2-C1-L5) **You may add approved required subjects/ activities as directed by your school</p>		

Table D: Calculating your hours

LET 2 Core Curriculum Hours (from Table A)	66
LET 2 Additional JROTC Required Activities (from Table B)	64
Total JROTC Required Hours	130
<p>Elective Hours-the difference between 130 totals JROTC required hours and the hours your school requires you to teach. You have the option to choose from JROTC approved electives (Table C) which includes approved required subjects/ activities as directed by your school. <i>Example: Your school schedule requires you teach 172 hours. (172-130=42); Elective hours listed in this block will be 42.</i></p>	
Total Hours required by your school	

Note: Refer to table E-G for Health, PE, and Teen CERT Curriculum