



2023 Summer Sports Workout Schedule

- **Cheer** Starting June 12 ~ Monday – Thursday ~ 2:00 - 4:00 pm
Coach Mindy Crandell ~ 813-629-4545
- **Boys Basketball** Starting June 12 ~ Monday – Thursday ~ 10:00 am – 12:00 pm
Coach Mike Novak ~ 813-507-2536
- **Girls Basketball** Starting June 12 ~ Monday – Thursday ~ 4:30 – 6:30 pm
Coach Smith ~ 813-312-6186
- **Football** Starting June 12 ~ Monday – Thursday ~ 4:00 – 6:30 pm
Coach Carroll ~ 813-943-8340
- **Volleyball** Starting June 12 ~ Monday – Thursday 7:00 – 9:00 am
Coach Clark ~ 813-841-7328
- **Cross Country** Starting June 14 ~ Monday – Friday ~ 6:00 pm
Coach Page ~ 352-457-8589
- **Girls Track** Starting June 26 ~ Monday – Thursday ~ 9:00 – 10:00 am
Coach Allen ~ 813-312-2721
- **Wrestling** Starting May 29 ~ Monday – Thursday ~ 3:00 – 4:00 pm
Coach Martinez ~ 813-376-2926
- **Weightlifting
(Boys & Girls)** Starting June 12 ~ Days TBA ~ 8:00 am – 12:00 pm
Coach Aguilera ~ 813-838-4688